Workshop for O& G trainees and paramedics 17 Dec 2011 Cytological Interpretation

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Cervical smear

- Cervical smear screening can detect
 - LSIL : encompassing CIN I and HPV infections
 - HSIL: encompassing CIN II and III
 - Carcinomas (e.g. squamous cell carcinoma, adenocarcinoma, etc.)
 - Bethesda system is used as the standardized reporting system for cervical smears.





Adenocarcinoma

Pictures from Robbins Pathological Basis of Diseases

Endometrial adenocarcinoma



?Picture source: Robbins Pathological Basis of Diseases



Diane Solomon Ritu Nayar EDITORS

The Bethesda System for Reporting Cervical Cytology

> Definitions, Criteria, and Explanatory Notes

> > Second Edition



Bethesda system (2001) for cervical smear reporting

- SPECIMEN TYPE: Indicate conventional smear (Pap smear) vs. liquid based vs. other
- SPECIMEN ADEQUACY
- GENERAL CATEGORIZATION (optional)
- Negative
- Epithelial Cell Abnormality (specify 'squamous' or 'glandular' as appropriate)
- Other Malignant neoplasms

Bethesda system for cervical smear reporting

EPITHELIAL CELL ABNORMALITIES

- SQUAMOUS CELL
 - Atypical squamous cells
 - of undetermined significance (ASC-US)
 - cannot exclude HSIL (ASC-H)
 - Low grade squamous intraepithelial lesion (LSIL) encompassing: HPV/mild dysplasia/CIN 1
 - High grade squamous intraepithelial lesion (HSIL) encompassing: moderate and severe dysplasia, CIS/CIN 2 and CIN 3
 - with features suspicious for invasion (*if invasion is suspected*)
 - Squamous cell carcinoma
- GLANDULAR CELL
 - Atypical
 - endocervical cells (NOS or specify in comments)
 - endometrial cells (NOS or specify in comments)
 - glandular cells (NOS or specify in comments)
 - Atypical
 - endocervical cells, favor neoplastic
 - glandular cells, favor neoplastic
 - Endocervical adenocarcinoma in situ
 - Adenocarcinoma
 - endocervical
 - endometrial
 - extrauterine
 - not otherwise specified (NOS)

OTHER MALIGNANT NEOPLASMS: (specify)

Borderline cellular adquacy

- X10 objective
- > 5000 cells/ liquid based slide
- > or =11 cells/ field
- Picture here is of borderline cellular adequacy



Slide from NCI Bethesda website

Benign endocervical cells

Honey comb pattern





Benign endocervical cells

Picket-fence pattern and honey comb pattern





Endometrial cells

Normally shed endometrial cells: N.B. donut shape with outer endometrioid glandular cells and inner core of stromal cells. Usually appear out of tissue plane and degenerated

Cervical smear: low grade squamous intraepithelial lesion (LSIL)



Koilocytes: Note the enlarged dark smudged nuclei, perinuclear cytoplasmic halo, and condensed cytoplasmic borders





Koilocytes

- Represent squamous cells with cytopathic changes, characteristically related to HPV effect

Mildly atypical squamous cells with enlarged hyperchromatic nuclei (CIN I)



Cervical smear:High grade squamous intraepithelial lesion (HSIL)



HSIL (CIN II)

HSIL (CIN III)

Endocervical adenocarcinoma-in situ (AIS)



Squamous cell carcinoma



HSIL



NCI-Bethesda slides

Endoecervical adenocarcinoma





Endometrial adenocarcinoma



















Atypical glandular cells, favour neoplastic (Suspicious of endometrial



AGC- mimicker

Benign:

- high endocervical cells
- Tubal metaplastic cells
- Brush artifacts
- Reactive endocervical or endometrial cells
- Direct endometrial scrapings
- HSIL (e.g. involving glands)

AGC

- A significant proportion may be associated with important diagnosis,e.g. HSIL, AIS or adenocarcinoma
- Need colposcopy, further investigation
- Try to be more specific if endocervical or endometrial, if one can tells, because this will guide further investigation directions
- Try to avoid over-diagnosing AGC.

Potential diagnostic pitfalls

- Overdiagnosis
 - High sampling
 - Atrophic vaginitis
 - Florid reactive changes and infections (repair, IUCD, viral inclusions)
 - Radiation effect
 - Fail to recognize mimickers, e.g. Tubal metaplasia, brush artifacts, Arias Stella reaction of pregnancy, endometrial cells (menstrual shed or directly scraped)
- Underdiagnosis
 - Too few squamous cells, T zone not sampled
 - Pale HSIL
 - Small HSIL litigation cells
 - Obscured background: e.g. too bloody, thick mucus, dried smear
 - Very well differentiated adenocarcinoma (e.g. minimal deviation adenocarcinoma)







Atropic changes : hyperchromatic naked nuclei but preserved nuclear polarity and fine chromatin

Slide from NCI Bethesda website



Tubal metaplasia

- Pseudostratified dark nuclei
- Recognize cilia but not always preserved
- Note the terminal bar





Reactive cells.





Reactive endocervical cells







Which one is HSIL



Which is adenocarcinoma?



Ans:1

Quality assurance

- Specimen satisfactory rate
- Ratio of atypical versus definitive positive cases
- False positives and negatives cytologyhistology correlation
- % of high grade lesions (HSIL, ASCH, AIS or
 >) with histology confirmed
- % of histologically confirmed positive cases with false negative cytology diagnosis

Quality Assurance

- In-house PWH
 - Rescreen all high risk
 - > 10% negative rescreen
 - Periodic review cytotech-pathologist diagnosis discrepancy
 - Cyto-histological correlation
 - Prospective on encounter
 - Retrospective TBM, yearly retrieval of cases
- External QAP e.g., Hong Kong, Australasia, US
- Training and continuing educational activities
- Feedback from clinical colleagues TBM, CPC

Cheers & Thank you